

# **ATHLETIC CODE OF CONDUCT**

## **Pasadena Independent School District**

All Pasadena Independent School District athletes are subject to guidelines set forth in the Student Handbook Code of Conduct as approved by our Board of Education and Administrators. The handbook goes into great detail explaining P.I.S.D.'s policies concerning expectations of student conduct. Minor offenses, serious offenses, alternative education program offenses, expulsion offenses, teacher removal of students, suspensions, and miscellaneous offenses are all covered in the handbook. Consequences of violating school district policy are explained in the handbook. Any athlete violating these policies will be disciplined like all other students. In addition, he/she may be dismissed from the team or other privileges may be taken away at the discretion of the coach and administration.

### **OTHER RULES OF CONDUCT FOR P.I.S.D. ATHLETES**

A student is not required to take part in athletics nor is it required for graduation. Participation in athletics is a privilege. Consequently, when high ideals and standards are violated, this privilege can be revoked. Pasadena Independent School District athletes will act with pride and dignity.

**On the Field or Court** – The athlete must never use profanity or resort to illegal tactics. He/she must learn that both winning and losing are part of the game and that you have to exhibit good sportsmanship and be a gracious winner. Fighting, temper fits, flagrant violations of rules, etc., will not be tolerated. Total respect for officials is an absolute must. Discussion of calls made by officials will be done by the coach. Any behavior contrary to the above mentioned or any other act which is not conducive to good sportsmanship may result in removal from the contest and possible expulsion from the team.

**Training Rules** – Physical conditioning is a part of all athletic programs. A well-conditioned athlete will be better able to take advantage of his/her athletic ability. Therefore, training and conditioning rules must be adhered to as set by the coach. The use of any tobacco product, alcoholic beverages, possession of, use of, or distribution of dangerous drugs or anabolic steroids is prohibited. This rule is addressed at length in the Student Handbook Code of Conduct with consequences listed. In addition, the athlete may be dismissed from the team.

**Travel** – Athletes are to dress neatly and be on time for departure as per instructions of coach. Instructions from the coach will also include the approximate time of return from all trips for the convenience of parents. It is the responsibility of the individual athlete to communicate these instructions to his/her parents. Parent/s must agree to allow Pasadena I.S.D. to provide transportation to/from athletic events by either district bus or district van.

**Quitting the Team** – An athlete who quits a sport after the first contest will not be allowed to start another sport until the season ends for the sport the athlete quits.

**In the Classroom** – Be on time and conduct yourself in a manner that will bring praise to you and your team. Call your coach if you are absent from school. All school rules and policies will be followed.

**Equipment and Facilities** – Proper care of equipment and facilities is a must. Equipment checked out to athletes will be returned at the end of the season or an explanation will be discussed with the coach. If an athlete deliberately abuses equipment of facilities, action will be taken accordingly.

**Criminal Activity - Gang Affiliations - Gambling - Stealing** - Involvement in these types of activities will not be tolerated and will be dealt with accordingly. Theft from your teammates or classmates is not acceptable and will be dealt with severely. The student handbook goes into great detail concerning expectations in these areas.

Each head coach of a sport will make decisions concerning the discipline of an athlete.

If it is a severe penalty, he or she might consult with the campus athletic director, principal, and district athletic director.

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School	Student Signature	Date
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Organization	Parent Signature	Date
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**Parent and Student Notification/Agreement Form  
Illegal Steroid Use**

Texas state law prohibits possessing, dispensing, delivering or administering a steroid in a manner not allowed by state law.

Texas state law also provides that body building, muscle enhancement or the increase in muscle bulk or strength through the use of a steroid by a person who is in good health is not a valid medical purpose.

Texas state law requires that only a medical doctor may prescribe a steroid for a person.

Any violation of state law concerning steroids is a criminal offense punishable by confinement in jail or imprisonment in the Texas Department of Criminal Justice.

**HEALTH CONSEQUENCES ASSOCIATED WITH ANABOLIC STEROID ABUSE**

(source: National Institute on Drug Abuse)

- *In boys and men*, reduced sperm production, shrinking of the testicles, impotence, difficulty or pain in urinating, baldness, and irreversible breast enlargement (gynecomastia).
- *In girls and women*, development of more masculine characteristics, such as decreased breast size, deepening of the voice, excessive growth of body hair, and loss of scalp hair.
- *In adolescents of both sexes*, premature termination of the adolescent growth spurt, so that for the rest of their lives, abusers remain shorter than they would have been without the drugs.
- *In males and females of all ages*, potentially fatal liver cysts and liver cancer; blood clotting, cholesterol changes, and hypertension, each of which can promote heart attack and stroke; and acne. Although not all scientists agree, some interpret available evidence to show that anabolic steroid abuse—particularly in high doses—promotes aggression that can manifest itself as fighting, physical and sexual abuse, armed robbery, and property crimes such as burglary and vandalism. Upon stopping anabolic steroids, some abusers may experience symptoms of depressed mood, fatigue, restlessness, loss of appetite, insomnia, headache, muscle and joint pain, and the desire to take more anabolic steroids.
- *In injectors*, infections resulting from the use of shared needles or non-sterile equipment, including HIV/AIDS, hepatitis B and C, and infective endocarditis, a potentially fatal inflammation of the inner lining of the heart. Bacterial infections can develop at the injection site, causing pain and abscess.

**Student Certification**

I have read the above information and agree that a prerequisite of my participation in UIL athletic activities is that I refrain from illegal steroid use. As a prerequisite to participation, I agree that I will not use illegal steroids. I understand that failure to provide accurate and truthful information could subject me to penalties as determined by UIL.

\_\_\_\_\_  
Student Signature

\_\_\_\_\_  
Date

**Parent/Guardian Certification**

I have read the above information and acknowledge that a prerequisite of my student's participation in UIL athletic activities is that they refrain from illegal steroid use. I understand that failure to provide accurate and truthful information could subject the participant in question to penalties as determined by UIL.

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date